Learning to be

Development of Practices and Methodologies for Assessing Social Emotional and Health Skills within Education Systems

Class observation tool for teachers

School: **Grade:**

Class: **Month:**

Teacher:

Part 1: Students' Social and Emotional Skills Observation

Core competencies	Self-awareness		Self-Management		Social Awareness		Relationship Skills		Responsible Decision Making	
Items for observation	Recognises own and others' emotions	Possesses self-efficacy and self-esteem	Regulates one's emotions, houghts, and behaviours effectively in different situations	Exhibits positive motivation, hope and optimism	Predicts others' feelings and reactions	Respects others, understanding other points of view and perspectives	Exhibits cooperative learning and working toward group goals	Communicates effectively, providing help to those who need it	Identifies decisions one makes at school	Makes decisions based on moral, personal, and ethical standard

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Items for observation	Recog-nises own and others' emotions	Possesses self-effi-cacy and self-es-teem	Regulates one's emotions, houghts, and be-haviours effec-tively in different situations	Exhibits positive moti-vation, hope and optimism	Predicts others' feelings and reac-tions	Respects others, under-standing other points of view and perspec-tives	Exhibits coop-erative learning and working toward group goals	Commu-nicates effec-tively, providing help to those who need it	Identifies decisions one makes at school	Makes decisions based on moral, person-al, and ethical standard

Part 2: Situations in the Classroom

Time and date / Situation	Description	Teacher's Comments